

em dash podcast

Show Notes: "The Long Journey," featuring Ryder Avalon

Podcast available at: www.em-dash-podcast.com

Show Notes

In this episode, Ryder Avalon – model, songwriter, ink enthusiast, and self-described "LA sewer ninja" - talks about her experiences interacting with health care professionals along her journey as a woman who identifies as "transsexual" and biracial. She explains why she prefers the word "transsexual" to the word "transgender" to describe herself, and she talks about how concerns about possible mistreatment may make trans-identified patients anxious or hesitant to be forthcoming during interactions with health care professionals. You can follow Ryder on Twitter at @RyderAvalon.

Audio Used:

- Intro & Outro Songs: "Unbeatable Epic Trailer" by Jon Wright. Used with permission under Melody Loops License #23653623875 www.melodyloops.com/tracks/unbeatable--epic-trailer/

Guest Bio: Ryder Avalon

Ryder is a Virginia native who now resides in Los Angeles California. She is a wife, dog mother, and singer/songwriter. She enjoys nature, video games, and free comic book days. Ryder is pretty neat and she definitely didn't write this. You can follow Ryder on Twitter at @RyderAvalon.



Links

To listen to Ryder's music, visit <https://soundcloud.com/ryderavalon>

Tags: Ryder Avalon, diversity, healthcare, LGBTQ, transsexual