

em dash podcast

Episode 17: "Expert Patient, Impatient Expert," featuring Cavanaugh Quick

Podcast available at: www.em-dash-podcast.com

Show Notes

Meet Cavanaugh Quick, a self-described "queer, fat, AFAB transgender, femme, Afrolatinx, poly, kinky person with chronic pain" who's also a graduate social work student at the University of Albany. In this episode, Cavanaugh and I talk about sexual health, kink, PrEP, gonorrhea, and the weird tendency for health care professionals to assume that AFAB transgender persons loathe their genitals and want to have phalloplasty so that they can morph into some sort of "beautiful man-butterfly." You can follow them on Twitter at [@heyawkwardology](https://twitter.com/heyawkwardology)

Guest Bio: Cavanaugh Quick



Cavanaugh Quick is a queer, trans, polyamorous, AfroLatinx adventurer with a passion for critical thought and personal autonomy. They use strengths-based techniques and reflective practice to assist folk of all ages in exploring the intersections of their personal and professional identities, beliefs, and behaviors. With a decade of experience alongside queer and trans folk, their work focuses on cultivating leadership and autonomy in youth and adults. Through arts practice and analysis, they engage leaders of all ages as they investigate institutional systems of oppression and strategies for interpersonal support in their professional and personal communities. They have worked with school administration and faculty members, mental health

clinicians, and other youth service providers as well as student unions, summer camps, and experiential education services. In addition to youth and community organizing, Cavanaugh teaches comprehensive sexual health and relationship education and offers consultation, technical assistance, and training for service providers focused on the needs of LGBTQIA+ people across multiple areas. They are a New York State certified sexual assault crisis counselor and their work in sexual wellness is trauma-informed. Cavanaugh is kink-affirming and poly-positive. They are a member of the Sexual Liberation Collective and a Pleasure Professional for O.School. Cavanaugh holds a B.A. from Sarah Lawrence College, with dual concentrations in neuropsychology and sociolinguistics, and a minor focus in applied languages. They are currently pursuing graduate education in social work at the University of Albany. Cavanaugh believes in honesty, self-education, and radical kindness.

Audio Used:

- Intro & Outro Songs: "Unbeatable Epic Trailer" by Jon Wright. Used with permission under Melody Loops License #23653623875
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Links

- Cavanaugh's website: <https://www.cavanaughquick.com/>

Tags: Cavanaugh Quick, queer, kinky, trans, AFAB, social worker, kink, gonorrhea, PrEP, diversity, difference, healthcare, nurse practitioner, doctor